

Department of Sports

Corporate Basketball League

RULES AND REGULATIONS

1. The games will consist of four (4) eight-minute quarters.
2. Each team must have a minimum of seven players and a maximum of 12 players. Each Team is limited to 4 players that are not from that organization.
3. Each team **MUST** have at least two females.
4. Each Team is allowed a maximum of 1 national male player and 2 national female players per team. The definition of a national player is one who has represented the country in the recent Nat West Island Games 2011 or CBC Games 2011.
5. During play, there must always be at least one female playing on the court at all times, unless the female player(s) have fouled out or are injured. At that point the team will have to play with 4 players for the duration of the game.
6. To begin a game, each team must have at least five players at least one must be a female. **There is a 10 minute grace period.** If the opposing team doesn't have enough players to begin a game by then, the team will lose by forfeit.
7. No team is allowed to add players to the roster after playoffs have begun.
8. Each player has a foul limit of 5. When that limit is reached the player has "fouled out", must be substituted, and can no longer play for the duration of the game.
9. RESPECT must be shown to the officials at all times. Players making unsportsmanlike fouls or gestures to the officials or other players will be automatically given a technical foul or ejected. The degree of penalization will be left to the official's discretion.
- 10. A technical foul will award the opposing team two "free throw" shots and possession of the ball after the shot. The player that committed the technical foul will also be fined \$25 per technical. A player will also be automatically**

ejected for 2 consecutive technicals in a game. A player that has been fined will not be allowed to play until the fine has been paid.

11. If a player is ejected for any reason, the player will have to pay a fine of \$50 and the player will be suspended for the next 2 games. The object of this league is for enjoyment and encouraging physical activity and we want to discourage any behavior that would hinder or ruin the experience for other players.
12. Teams should be present at least 15 minutes before their scheduled game to fill out team roster.
13. All players must wear their uniform in order to play and shirts must have numbers.
14. Sneakers and socks must be worn.
15. All other rules are governed by F.I.B.A.